



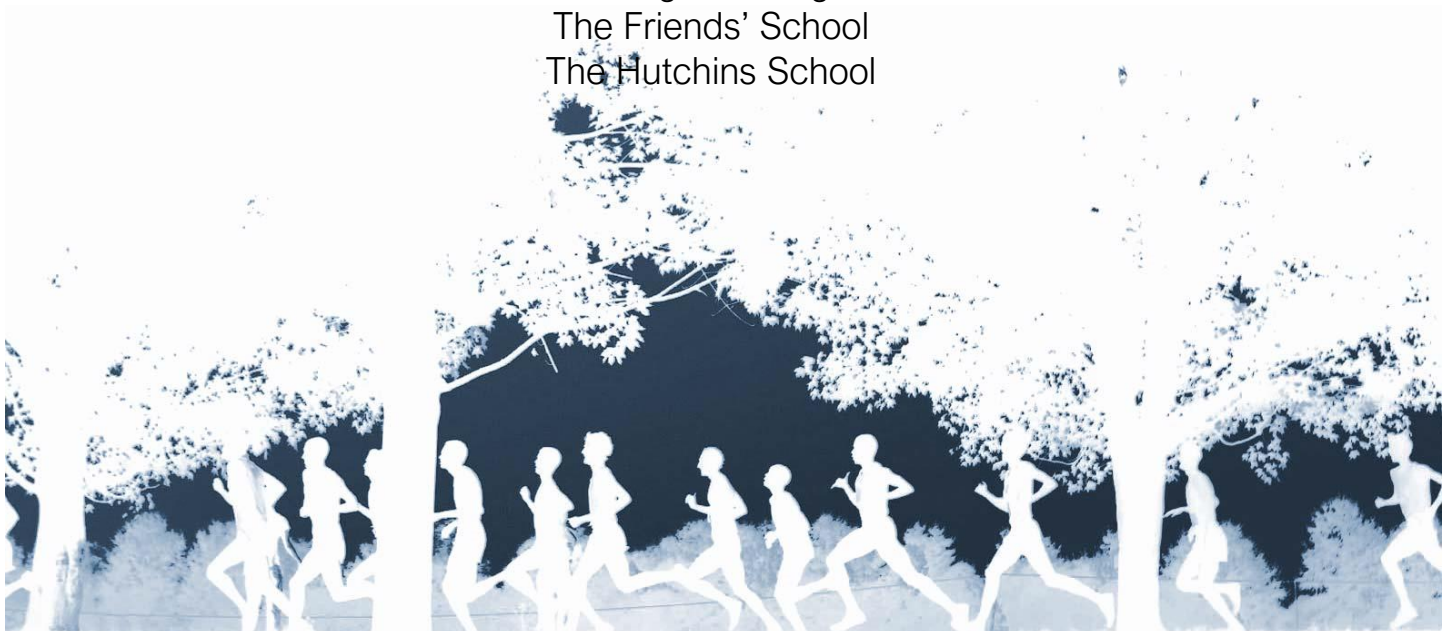
Southern SATIS Cross Country 2019

Pontville

Thursday 30 May 2019

Competing Schools

Calvin Christian School
Dominic College
Fahan School
Guilford Young College
MacKillop Catholic College
Mount Carmel College
Sacred Heart College
Southern Christian College
St Aloysius Catholic College
St Mary's College
St Michael's Collegiate School
St Virgil's College
The Friends' School
The Hutchins School



SATIS Code of Ethics

SATIS exists to provide members schools with sporting events at a high standard which are conducted in a spirit in tune with the ideals of AHISA (Tas) and which promote harmonious relations between Independent schools.

Member schools follow agreed guidelines to ensure that the aims of SATIS are achieved:

1. All conventions of courtesy associated with a sport are emphasised in the coaching and management of a team.
2. Schools show courtesy to visiting players and spectators. Visiting teams will be punctual and are welcomed by the host school.
3. Visitors respect the host school's premises and rules in relevant matters such as parking, tidiness and access to buildings, playing areas and change rooms.
4. Competitors wear the recognised uniform and use the accepted equipment for each sport. Correct school colours are worn.
5. Coaches and/or managers of teams introduce themselves to opposition coaches or managers prior to the commencement of any fixture.
6. All behaviour, including language, on and off the field, by players and supporters is of the highest standard. School and match officials are expected to take action should this not be the case.
7. Decisions by the umpire are accepted without dissent or comment by players, coaches and spectators.
8. Only those designated by schools as coaches or officials are permitted to coach during the game. They must do so within the regulations of the particular sport.
9. The use of noise or comment which intimidates is unacceptable.
10. Inclusivity: We provide a sporting environment that is free from discrimination based on language, sexual orientation, culture, ethnicity, religion, health or disability, family circumstances and origin.



Program of Events

TIME	EVENT	DISTANCE
10:30am	1: Under 16 Girls	4kms
10:50am	2: Under 15 Boys	4kms
11:10am	3: Under 13 Girls	3kms
11:30am	4: Under 16 Boys	5kms
11:55am	5: Under 14 Girls	3kms
12:10pm	6: Under 14 Boys	4kms
12:30pm	7: Under 15 Girls	3kms
12:45pm	8: Under 13 Boys	3kms
1:00pm	9: Open Girls	4kms
1:20pm	10: Open Boys	6kms

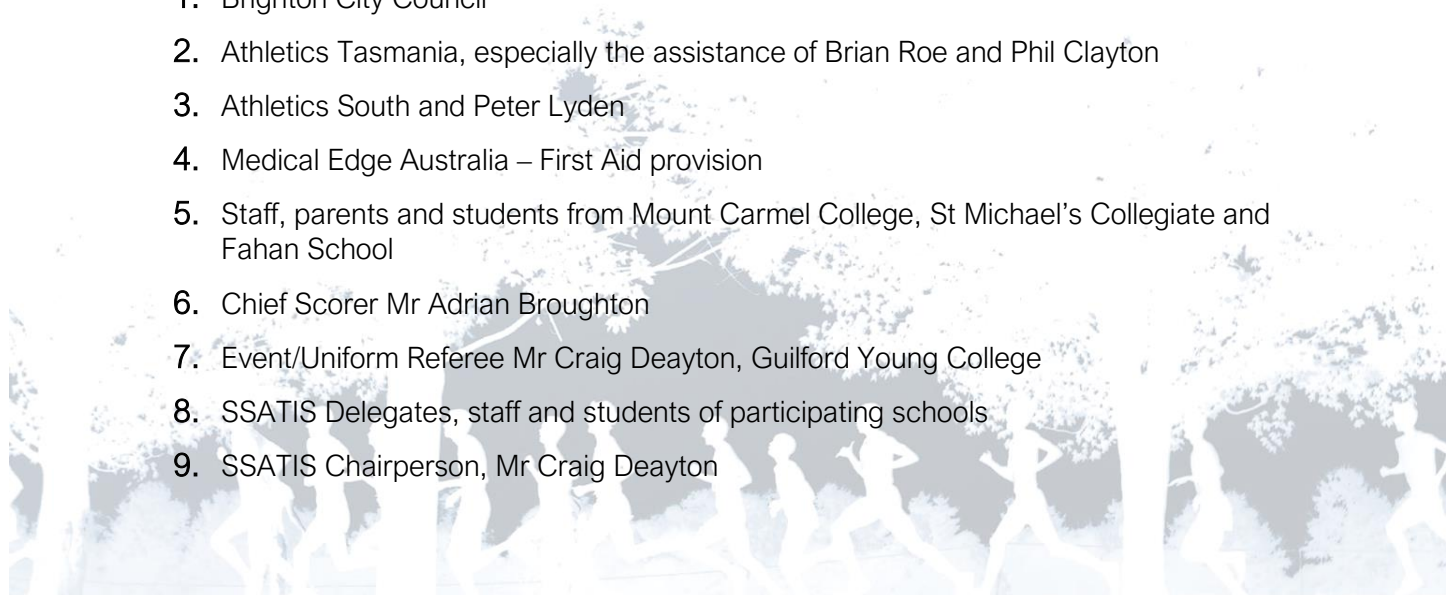
2018 Trophy holders:

Junior	College	Aggregate
<i>Girls:</i> Fahan	<i>Girls:</i> Friends'	<i>Girls:</i> Friends'
<i>Boys:</i> St Virgil's	<i>Boys:</i> Hutchins	<i>Boys:</i> Hutchins
<i>Co-Educational:</i> Friends'	<i>Co-Educational:</i> Friends'	<i>Co-Educational:</i> Friends'

Acknowledgements

Special thanks are extended to the following people and organisations who helped in making the SSATIS Cross Country possible:

1. Brighton City Council
2. Athletics Tasmania, especially the assistance of Brian Roe and Phil Clayton
3. Athletics South and Peter Lyden
4. Medical Edge Australia – First Aid provision
5. Staff, parents and students from Mount Carmel College, St Michael's Collegiate and Fahan School
6. Chief Scorer Mr Adrian Broughton
7. Event/Uniform Referee Mr Craig Deayton, Guilford Young College
8. SSATIS Delegates, staff and students of participating schools
9. SSATIS Chairperson, Mr Craig Deayton



Instructions to Competitors

Pre-Race Procedures:

1. All races begin from the start line.
2. Competitors should marshal at the start line 10 minutes to the scheduled race start time.
3. All competitors must wear either a timing chip attached to their shoe or a bib.
4. The uniform referee will check uniforms prior to the start of the race.
5. Runners who ignore the instructions of the Course Officials risk disqualification.

Finishing Procedures:

1. Maintain the correct finishing order through the finish marshaling area.
2. Competitors must remove and place their timing chip in the collection bin prior to exiting the finish area. A fee is associated with lost/non returned chips.

Trophy Presentations:

1. Team captains, along with their school flag, are to assemble in the presentation area at the conclusion of the last event.
2. All trophies, individual and team, will be presented a short time after the conclusion of the final event in the following order

Individual Age Group Winners

Under 13, Girls and Boys

Under 14, Girls and Boys

Under 15, Girls and Boys

Under 16, Girls and Boys

Open, Girls and Boys

Age Group Pennant flags

Under 13, Boys and Girls

Under 14, Boys and Girls

Under 15, Boys and Girls

Under 16, Boys and Girls

Trophies

Junior Co-Educational Shield

Junior Boys Shield

Junior Girls Shield

Senior Co-Educational Shield

Senior Boys Shield/ Open Pennant

Senior Girls Shield/ Open Pennant

Aggregate Co-Educational Shield

Aggregate Boys Shield

Aggregate Girls Shield



SSATIS Cross Country Regulations

GENERAL EVENT GUIDELINES

1. Meetings should be conducted under the laws of the International Association of Athletic Federations (IAAF) in conjunction with Athletics Australia.
- 2a. In the event of inclement weather, a wet weather committee will meet prior to 7.30am. SSATIS delegates will be contacted by the Cross Country sub-committee by 7.30am re cancellation.
- b. The wet weather committee will comprise of the Chair of SSATIS and the Cross Country sub-committee – SSATIS Admin Officer & Organising School delegates.
3. Ten races shall be held over the following distances:

BOYS

Under 13	3km
Under 14	4km
Under 15	4km
Under 16	5km
Open	6km

GIRLS

Under 13	3km
Under 14	3km
Under 15	3km
Under 16	4km
Open	4km

4. Scoring System for each event/race:
Unlimited entries. First 5 runners per school to finish, score. The next 5 to displace.
Winning school determined by the lowest number of points.
5. Aggregate Shield point score is determined by the number of schools entered. First 4 points, second 3, third 2 and fourth 1, if 4 schools are entered. The points score for each age group will be added together to determine the winners of each of the trophies.
6. The following trophies are presented at the Cross Country Event:
Aggregate (Boys and Girls) - Schools with Yr 7 - Yr 12 students
- Age Groups Under 13 – Open
College (Boys, Girls and Co-Ed) - Schools with Yr 11 and Yr 12 students
Junior (Boys, Girls and Co-Ed) - Schools with Yr 7 - Yr 10 students
- Age Groups Under 13 - Under 16
Open team (Boys and Girls) - Open Age Group only

Individual trophies will be presented to the winners in each Age Group.
The order of Trophy presentation will be rotated annually to avoid any one group of trophies gaining pre-eminence.
7. Member schools which cater for only Grades 7 - 10 will be permitted to enter teams in the Open Age Group events, and thus be eligible for individual trophies.



8. Athletes must compete in their school's prescribed sports uniform. (See uniform registry). Accepted school caps may be worn while competing but must be worn in the accepted manner i.e. Peak to the front. Failure to comply will result in either not being allowed to compete or disqualification. Notice of disqualification will be given to the relevant SSATIS delegate.

If a school is unable to outfit teams/individuals in accepted school uniform for Cross Country the Chair of SSATIS is to be notified prior to the event. The cross country sub-committee will then be notified.

9. The point scores will be accepted as the correct scores at the conclusion of the carnival. Appeals may be lodged with the organising committee within 48 hours.

10. The costs incurred by a school organising this carnival will be met by SSATIS. Program production costs are for paper and "in-house" photocopying.

11. Lodgements of protests:

a) Pre-Race

The cross country sub-committee appoints a neutral referee who will make decisions on any protest.

Prior to Cross Country SSATIS Delegates and/or Cross Country Coordinator will brief athletes on the acceptable sporting behaviour when racing.

Marshals will be briefed prior to the commencement of the event. It will be clearly stated that any competitor who jostles or obstructs another athlete, so as to impede his/her progress, shall be liable for disqualification.

Each school will need to supply 2 adult marshals (not students).

At the start line all competitors will be briefed again by the start marshal about sporting behaviour when out on the course.

b) Race

If a marshal sees any action which causes concern this will need to be briefly documented and given to the referee for consideration.

An athlete may also lodge a protest through their SSATIS delegate or teacher-in-charge. This too needs to be documented briefly.



Cross Country Uniforms

School	Top/Shirt	Shorts/Skirt	Socks	Other
Calvin	Black, gold and white	Black		
Dominic	Maroon top with yellow flames	Black	White	Black Tights
Fahan	Ochre white and navy	Shorts		White Under Garment
Guilford Young	Navy blue with red side panel and gold piping	Navy blue shorts or bike pants/leggings		Girls may wear a GYC navy crop top
MacKillop	Red, White and Blue singlet/polo (numbers permitted)	Blue/red/white shorts, Blue and red ¾ tights, Blue running shorts or bike shorts.		
Mount Carmel	Navy / Gold Singlet	Navy Briefs/Plain or gold stripe / Navy Leggings/Bike Pants	White	
Sacred Heart	Red athletic singlet (number ok) or red polo top	Royal blue running shorts/shorts or tights (girls)		
Southern Christian College	Navy polo with yellow panels (numbers permitted)	Blue Shorts (yellow pin-stripes permitted)		
St Aloysius	Lime green singlet with navy/white stripes or school polo	Navy shorts or leggings	White	
St Mary's	Bottle green and light blue athletics singlet	Bottle green shorts or leggings or bike shorts	White with light blue trim	
Collegiate	Red and White singlet or crop top Collegiate polo shirt	Red bike pants or red shorts	White	
St Virgil's	Blue singlet, with yellow panel	Blue		
Friends'	Navy/red polo/singlet or crop top	Navy shorts/bike pants/ leggings with red stripe. Small logo permitted	White	
Hutchins	Black Singlet Magenta Trim or Black Polo shirt	Black		