



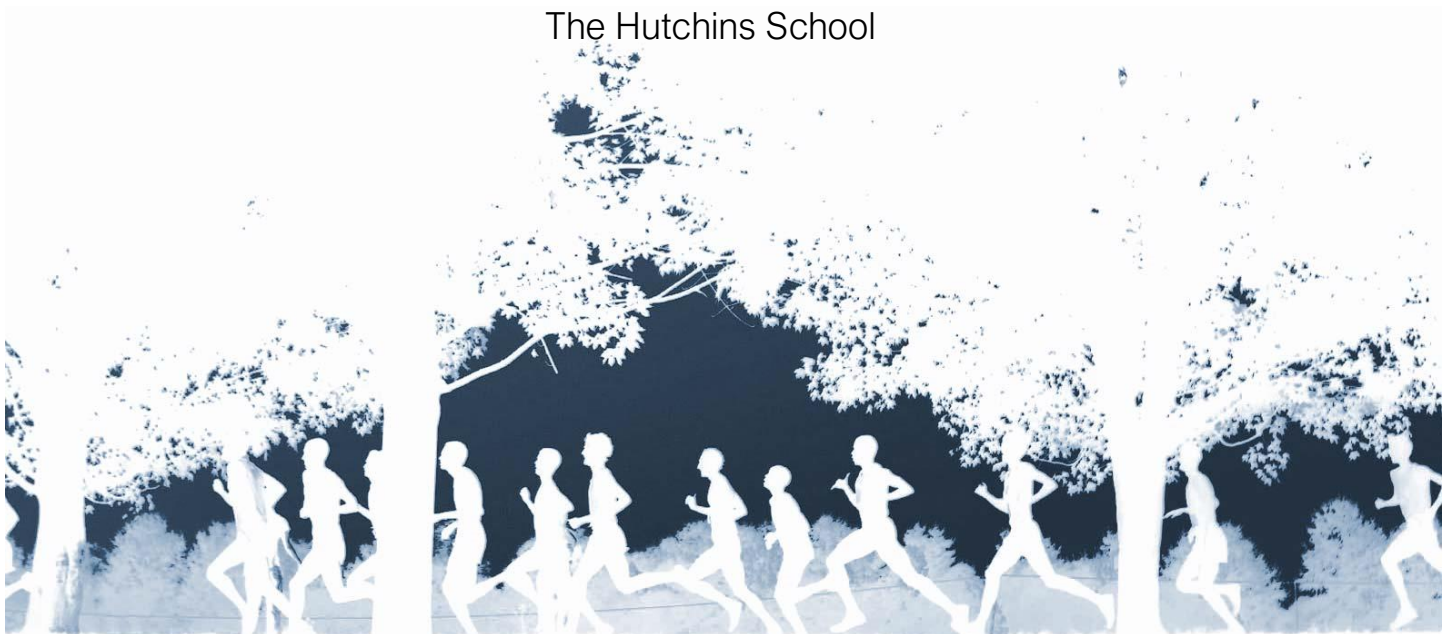
# Southern SATIS Cross Country 2018

## Rokeby Police Academy

Wednesday 30 May 2018

### Competing Schools

Calvin Christian School  
Dominic College  
Fahan School  
Guilford Young College  
MacKillop Catholic College  
Mount Carmel College  
Sacred Heart College  
St Aloysius Catholic College  
St Mary's College  
St Michael's Collegiate School  
St Virgil's College  
The Friends' School  
The Hutchins School



# SATIS Code of Ethics

SATIS exists to provide members schools with sporting events at a high standard which are conducted in a spirit in tune with the ideals of AHISA (Tas) and which promote harmonious relations between Independent schools.

Member schools follow agreed guidelines to ensure that the aims of SATIS are achieved:

1. All conventions of courtesy associated with a sport are emphasised in the coaching and management of a team.
2. Schools show courtesy to visiting players and spectators. Visiting teams will be punctual and are welcomed by the host school.
3. Visitors respect the host school's premises and rules in relevant matters such as parking, tidiness and access to buildings, playing areas and change rooms.
4. Competitors wear the recognised uniform and use the accepted equipment for each sport. Correct school colours are worn.
5. Coaches and/or managers of teams introduce themselves to opposition coaches or managers prior to the commencement of any fixture.
6. All behaviour, including language, on and off the field, by players and supporters is of the highest standard. School and match officials are expected to take action should this not be the case.
7. Decisions by the umpire are accepted without dissent or comment by players, coaches and spectators.
8. Only those designated by schools as coaches or officials are permitted to coach during the game. They must do so within the regulations of the particular sport.
9. The use of noise or comment which intimidates is unacceptable.



# Instructions to Competitors

## Pre-Race Procedures:

1. All races begin from the start line.
2. Competitors should marshal at the start line 10 minutes to the scheduled race start time.
3. All competitors must wear either a timing chip attached to their shoe or a bib.
4. The uniform referee will check uniforms prior to the start of the race.
5. Runners who ignore the instructions of the Course Officials risk disqualification.

## Finishing Procedures:

1. Maintain the correct finishing order through the finish marshaling area.
2. Competitors must remove and place their timing chip in the collection bin prior to exiting the finish area. A fee is associated with lost/non returned chips.

## Trophy Presentations:

1. Team captains, along with their school flag, are to assemble in the presentation area at the conclusion of the last event.
2. All trophies, individual and team, will be presented a short time after the conclusion of the final event.



# Program of Events

TIME	EVENT	DISTANCE
10:30am	1: Under 16 Girls	4kms
10:50am	2: Under 15 Boys	4kms
11:10am	3: Under 13 Girls	3kms
11:30am	4: Under 16 Boys	5kms
11:55am	5: Under 14 Girls	3kms
12:10pm	6: Under 14 Boys	4kms
12:30pm	7: Under 15 Girls	3kms
12:45pm	8: Under 13 Boys	3kms
1:00pm	9: Open Girls	4kms
1:20pm	10: Open Boys	6kms

## Acknowledgements

Special thanks are extended to the following people and organisations who helped in making the SSATIS Cross Country possible:

1. Tasmania Police Academy
2. Athletics Tasmania, especially Brian Roe
3. Medical Edge Australia – First Aid provision
4. Staff, parents and students from Mount Carmel College, St Michael's Collegiate and Fahan School
5. Chief Scorer Mr Adrian Broughton
6. Event/Uniform Referee Mr Craig Deayton, Guilford Young College
7. SSATIS Delegates, staff and students of participating schools
8. SSATIS Chairperson, Mr Craig Deayton



# SSATIS Cross Country Regulations

## GENERAL EVENT GUIDELINES

1. Meetings should be conducted under the laws of the International Association of Athletic Federations (IAAF) in conjunction with Athletics Australia.
- 2a. In the event of inclement weather, a wet weather committee will meet prior to 7.30am. SSATIS delegates will be contacted by the Cross Country sub-committee by 7.30am re cancellation.
- b. The wet weather committee will comprise of the Chair of SSATIS and the Cross Country sub-committee – SSATIS Admin Officer & Organising School delegates.
3. Ten races shall be held over the following distances:

### BOYS

Under 13	3km
Under 14	4km
Under 15	4km
Under 16	5km
Open	6km

### GIRLS

Under 13	3km
Under 14	3km
Under 15	3km
Under 16	4km
Open	4km

4. Scoring System for each event/race:  
Unlimited entries. First 5 runners per school to finish, score. The next 5 to displace.  
Winning school determined by the lowest number of points.
5. Aggregate Shield point score is determined by the number of schools entered. First 4 points, second 3, third 2 and fourth 1, if 4 schools are entered. The points score for each age group will be added together to determine the winners of each of the trophies.
6. The following trophies are presented at the Cross Country Event:  
Aggregate (Boys and Girls) - Schools with Yr 7 - Yr 12 students  
- Age Groups Under 13 – Open  
College (Boys, Girls and Co-Ed) - Schools with Yr 11 and Yr 12 students  
Junior (Boys, Girls and Co-Ed) - Schools with Yr 7 - Yr 10 students  
- Age Groups Under 13 - Under 16  
Open team (Boys and Girls) - Open Age Group only  
Individual trophies will be presented to the winners in each Age Group.  
The order of Trophy presentation will be rotated annually to avoid any one group of trophies gaining pre-eminence.
7. Member schools which cater for only Grades 7 - 10 will be permitted to enter teams in the Open Age Group events, and thus be eligible for individual trophies.





8. Athletes must compete in their school's prescribed sports uniform. (See uniform registry). Accepted school caps may be worn while competing but must be worn in the accepted manner i.e. Peak to the front. Failure to comply will result in either not being allowed to compete or disqualification. Notice of disqualification will be given to the relevant SSATIS delegate.

If a school is unable to outfit teams/individuals in accepted school uniform for Cross Country the Chair of SSATIS is to be notified prior to the event. The cross country sub-committee will then be notified.

9. The point scores will be accepted as the correct scores at the conclusion of the carnival. Appeals may be lodged with the organising committee within 48 hours.

10. The costs incurred by a school organising this carnival will be met by SSATIS. Program production costs are for paper and "in-house" photocopying.

11. Lodgements of protests:

**a) Pre-Race**

The cross country sub-committee appoints a neutral referee who will make decisions on any protest.

Prior to Cross Country SSATIS Delegates and/or Cross Country Coordinator will brief athletes on the acceptable sporting behaviour when racing.

Marshals will be briefed prior to the commencement of the event. It will be clearly stated that any competitor who jostles or obstructs another athlete, so as to impede his/her progress, shall be liable for disqualification.

Each school will need to supply 2 adult marshals (not students).

At the start line all competitors will be briefed again by the start marshal about sporting behaviour when out on the course.

**b) Race**

If a marshal sees any action which causes concern this will need to be briefly documented and given to the referee for consideration.

An athlete may also lodge a protest through their SSATIS delegate or teacher-in-charge. This too needs to be documented briefly.



# Cross Country Uniforms

School	Top/Shirt	Shorts/Skirt	Socks	Other
Calvin	Black with white / gold design	Black		
Dominic	Maroon top with yellow flames	Black	White	Black Tights
Fahan	Ochre white and navy	Shorts		White Under Garment
Guilford Young	Navy blue with red side panel and gold piping	Navy blue shorts or bike pants		Girls may wear a GYC navy crop top
MacKillop	Red, White and Blue singlet/polo (numbers permitted)	Red/White/Blue shorts or Red/Blue ¾ tights or Red/Blue running shorts or Navy bike shorts.		
Mount Carmel	Navy / Gold Singlet	Navy Briefs/Plain or gold stripe Leggings/Bike Pants	White	
Sacred Heart	Red athletic singlet (number ok) or red polo top	Royal blue running shorts/shorts or tights (girls)		
St Aloysius	Lime green singlet with navy/white stripes	Navy shorts or leggings	White	
St Mary's	Bottle green and light blue athletics singlet	Bottle green shorts or leggings or bike shorts	White with light blue	
Collegiate	Red and White singlet or crop top Collegiate polo shirt	Red bike pants or red shorts	White	
St Virgil's	Blue singlet, green panel, yellow piping	Blue		
Friends'	Navy/red polo/singlet or crop top	Navy shorts/bike pants/ leggings with red stripe. Small logo permitted	White	
Hutchins	Black Singlet Magenta Trim or Black Polo shirt	Black		

